

Related References for Week 3:

The Readings from Scripture

Catechism No. 105.

God is the author of Sacred Scripture. "The divinely revealed realities, which are contained and presented in the text of Sacred Scripture, have been written down under the inspiration of the Holy Spirit."

"For Holy Mother Church, relying on the faith of the apostolic age, accepts as sacred and canonical the books of the Old and the New Testaments, whole and entire, with all their parts, on the grounds that, written under the inspiration of the Holy Spirit, they have God as their author and have been handed on as such to the Church herself."

Catechism No. 106

God inspired the human authors of the sacred books. "To compose the sacred books, God chose certain men who, all the while he employed them in this task, made full use of their own faculties and powers so that, though he acted in them and by them, it was as true authors that they consigned to writing whatever he wanted written, and no more.

Isaiah 55:10-11

For just as from the heavens the rain and snow come down
And do not return there till they have watered the earth,
making it fertile and fruitful,
Giving seed to him who sows and bread to him who eats,
So shall my word be that goes forth from my mouth;
It shall not return to me void, but shall do my will,
achieving the end for which I sent it.

Hebrews 4:12

Indeed, the word of God is living and effective, sharper than any two-edged sword, penetrating even between soul and spirit, joints and marrow, and able to discern reflections and thoughts of the heart.

2 Timothy 3:14-17

But you, remain faithful to what you have learned and believed, because you know from whom you learned it, and that from infancy you have known (the) sacred scriptures, which are capable of giving you wisdom for salvation through faith in Christ Jesus. All scripture is inspired by God and is useful for teaching, for refutation, for correction, and for training in righteousness, so that one who belongs to God may be competent, equipped for every good work.

The Responsorial Psalm

Psalm 124:1

Had not the LORD been with us, when people rose against us,
They would have swallowed us alive, for their fury blazed against us.
The waters would have engulfed us, the torrent overwhelmed us
seething waters would have drowned us.

Revelation 5:11-14

I looked again and heard the voices of many angels who surrounded the throne and the living creatures and the elders. They were countless in number, and they cried out in a loud voice: "Worthy is the Lamb that was slain to receive power and riches, wisdom and strength, honor and glory and blessing." Then I heard every creature in heaven and on earth and under the earth and in the sea, everything in the universe, cry out: "To the one who sits on the throne and to the Lamb be blessing and honor, glory and might, forever and ever." The four living creatures answered, "Amen," and the elders fell down and worshiped.

The Second Reading and the Gospel

Catechism 125

The Gospels are the heart of all the Scriptures "because they are our principal source for the life and teaching of the Incarnate Word, our Savior."98

The Homily

Nehemiah 8:5-8

Ezra opened the scroll so that all the people might see it (for he was standing higher up than any of the people); and, as he opened it, all the people rose. Ezra blessed the LORD, the great God, and all the people, their hands raised high, answered, "Amen, amen!" Then they bowed down and prostrated themselves before the LORD, their faces to the ground. (The Levites Jeshua, Bani, Sherebiah, Jamin, Akkub, Shabbethai, Hodiah, Maaseiah, Kelita, Azariah, Jozabad, Hanan, and Pelaiah explained the law to the people, who remained in their places.) Ezra read plainly from the book of the law of God, interpreting it so that all could understand what was read. Then (Nehemiah, that is, His Excellency, and) Ezra the priest-scribe (and the Levites who were instructing the people) said to all the people: "Today is holy to the LORD your God. Do not be sad, and do not weep"-for all the people were weeping as they heard the words of the law.

Mark 1:21

Then they came to Capernaum, and on the sabbath he entered the synagogue and taught. The people were astonished at his teaching, for he taught them as one having authority and not as the scribes.

Luke 4:18-30

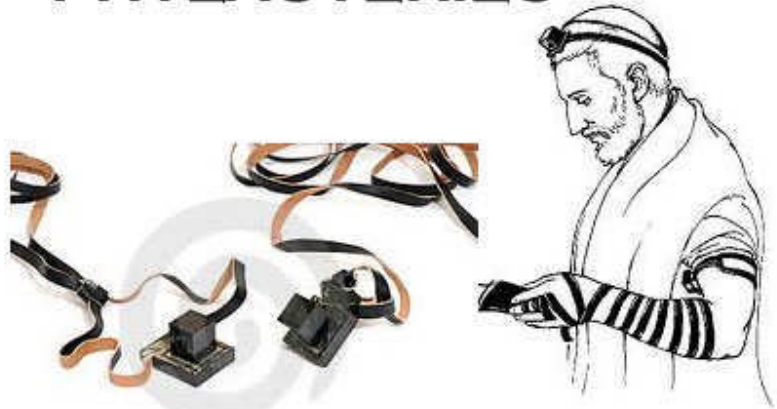
"The Spirit of the Lord is upon me, because he has anointed me to bring glad tidings to the poor. He has sent me to proclaim liberty to captives and recovery of sight to the blind, to let the oppressed go free, and to proclaim a year acceptable to the Lord." Rolling up the scroll, he handed it back to the attendant and sat down, and the eyes of all in the synagogue looked intently at him. He said to them, "Today this scripture passage is fulfilled in your hearing." And all spoke highly of him and were amazed at the gracious words that came from his mouth. They also asked, "Isn't this the son of Joseph?" He said to them, "Surely you will quote me this proverb, 'Physician, cure yourself,' and say, 'Do here in your native place the things that we heard were done in Capernaum.'" And he said, "Amen, I say to you, no prophet is accepted in his own native place. Indeed, I tell you, there were many widows in Israel in the days of Elijah when the sky was closed for three and a half years and a severe famine spread over the entire land. It was to none of these that Elijah was sent, but only to a widow in Zarephath in the land of Sidon. Again, there were many lepers in Israel during the time of Elisha the prophet; yet not one of them was cleansed, but only Naaman the Syrian." When the people in the synagogue heard this, they were all filled with fury. They rose up, drove him out of the town, and led him to the brow of the hill on which their town had been built, to hurl him down headlong. But he passed through the midst of them and went away

Profession of Faith; The Creed (see Phylacteries on last page of handout)

Deuteronomy 6:4-12

"Hear, O Israel! The LORD is our God, the LORD alone! Therefore, you shall love the LORD, your God, with all your heart, and with all your soul, and with all your strength. Take to heart these words which I enjoin on you today. Drill them into your children. Speak of them at home and abroad, whether you are busy or at rest. Bind them at your wrist as a sign and let them be as a pendant on your forehead. Write them on the doorposts of your houses and on your gates. "When the LORD, your God, brings you into the land which he swore to your fathers, Abraham, Isaac and Jacob, that he would give you, a land with fine, large cities that you did not build, with houses full of goods of all sorts that you did not garner, with cisterns that you did not dig, with vineyards and olive groves that you did not plant; and when, therefore, you eat your fill, take care not to forget the LORD, who brought you out of the land of Egypt, that place of slavery

PHYLACTERIES



Prayer of the Faithful

Acts 12:1-7

About that time King Herod laid hands upon some members of the church to harm them. He had James, the brother of John, killed by the sword, and when he saw that this was pleasing to the Jews he proceeded to arrest Peter also. (It was (the) feast of Unleavened Bread.) He had him taken into custody and put in prison under the guard of four squads of four soldiers each. He intended to bring him before the people after Passover. Peter thus was being kept in prison, but prayer by the church was fervently being made to God on his behalf. On the very night before Herod was to bring him to trial, Peter, secured by double chains, was sleeping between two soldiers, while outside the door guards kept watch on the prison. Suddenly the angel of the Lord stood by him and a light shone in the cell. He tapped Peter on the side and awakened him, saying, "Get up quickly." The chains fell from his wrists.

1 Thessalonians 1:2-3

We give thanks to God always for all of you, remembering you in our prayers, unceasingly calling to mind your work of faith and labor of love and endurance in hope 2 of our Lord Jesus Christ, before our God and Father,

2 Corinthians 1:11-12.

He rescued us from such great danger of death, and he will continue to rescue us; in him we have put our hope (that) he will also rescue us again, as you help us with prayer, so that thanks may be given by many on our behalf for the gift granted us through the prayers of many.

Leaders References for Week 4

Bread of Life

Lev 26: 6 When I break your staff of bread, ten women will need but one oven for baking your bread, and they shall dole it out to you by weight and though you eat, you shall not be satisfied.

Psal 105 16 Then he called down a famine on the land, destroyed the grain that sustained them .

Ezekial 4:16 Then he said to me: Son of man, I am about to break the staff of bread* in Jerusalem so they shall eat bread which they have weighed out anxiously and drink water which they have measured out fearfully

Hand Washing

Psalm 24 3 Who may go up the mountain of the LORD? Who can stand in his holy place? 4*“The clean of hand and pure of heart, who has not given his soul to useless things, what is vain.

Psalm 26:6-8

I will wash my hands* in innocenced so that I may process around your altar, Lord, To hear the sound of thanksgiving, and recount all your wondrous deeds. Lord, I love the refuge of your house, the site of the dwelling-place of your glory.

Exodus 30 17 The LORD told Moses: 18For ablutions you shall make a bronze basin with a bronze stand. Place it between the tent of meeting and the altar, and put water in it. 19Aaron and his sons shall use it in washing their hands and feet. 20 When they are about to enter the tent of meeting, they must wash with water, lest they die. Likewise when they approach the altar to minister, to offer an oblation to the LORD,

Preface

Colosians 3:1 If then you were raised with Christ, seek what is above, where Christ is seated at the right hand of God.^a2Think of what is above, not of what is on earth.3For you have died, and your life is hidden with Christ in God.^b4When Christ your life appears, then you too will appear with him in glory.

St. Cyprian (d. A.D. 258), a North African Church Father, explained how this prayer draws our attention away from worldly distractions and is meant to lead us to ponder the awe-inspiring action taking place in the Eucharistic prayer:

When we stand praying, beloved brethren, we ought to be watchful and earnest with our whole heart, intent on our prayers. Let all carnal and worldly thoughts pass away, nor let the soul at that time think on anything but the object only of its prayer. For this reason also the priest by way of preface before his prayer, prepares the minds of the brethren by saying, Lift up your hearts, that so upon the people's response, We have them before our Lord, he maybe reminded that he himself ought to think of nothing but our Lord.

Another Church Father, St. Cyril of Jerusalem, made a similar point and warned believers of the seriousness of this moment.

Lift up your hearts: For in this sublime moment the heart should be lifted up to God, and not be allowed to descend to the earth and to earthly concerns. With all possible emphasis the sacrificing priest exhorts us in this hour to lay aside all the cares of this life, all domestic worries, and direct our hearts to God in heaven who hath so loved men.... Let there be none among you, who shall confess with his lips: We have lifted up our hearts, and allow his thoughts to remain with the cares of this life.

Holy, Holy, Holy

Isaiah 6:1-4.

In the year King Uzziah died,* I saw the Lord seated on a high and lofty throne,^a with the train of his garment filling the temple. Seraphim* were stationed above; each of them had six wings: with two they covered their faces, with two they covered their feet, and with two they hovered.^b One cried out to the other: "Holy, holy, holy* is the LORD of hosts! All the earth is filled with his glory!" At the sound of that cry, the frame of the door shook and the house was filled with smoke.

Words of Institution

Luke 2:24

and to offer the sacrifice of "a pair of turtledoves or two young pigeons," in accordance with the dictate in the law of the Lord.

1 Maccabees 2:49-50

When the time came for Mattathias to die, he said to his sons: "Arrogance and scorn have now grown strong; it is a time of disaster and violent wrath. Therefore, my children, be zealous for the law and give your lives for the covenant of our ancestors.

1 Maccabees 6:43-46

Eleazar, called Avaran, saw one of the beasts covered with royal armor and bigger than any of the others, and so he thought the king was on it. He gave up his life to save his people and win an everlasting name for himself. He dashed courageously up to it in the middle of the phalanx, killing men right and left, so that they parted before him. He ran under the elephant, stabbed it and killed it. The beast fell to the ground on top of him, and he died there.

Mark 10:45

For the Son of Man did not come to be served but to serve and to give his life as a ransom for many."

Catechism No. 1363, 1364-1367

The Doxology

1 Chronicles 16:36

Blessed be the LORD, the God of Israel, from everlasting to everlasting! Let all the people say, Amen! Hallelujah

Nehemiah 8:1-6

Now when the seventh month came, the whole people gathered as one in the square in front of the Water Gate, and they called upon Ezra the scribe to bring forth the book of the law of Moses which the LORD had commanded for Israel. On the first day of the seventh month, therefore, Ezra the priest brought the law before the assembly, which consisted of men, women, and those children old enough to understand. In the square in front of the Water Gate, Ezra read out of the book from daybreak till midday, in the presence of the men, the women, and those children old enough to understand; and all the people listened attentively to the book of the law. Ezra the scribe stood on a wooden platform that had been made for the occasion; at his right side stood Mattithiah, Shema, Anaiah, Uriah, Hilkiah, and Maaseiah, and on his left Pedaiah, Mishael, Malchijah, Hashum, Hashbaddanah, Zechariah, Meshullam. Ezra opened the scroll so that all the people might see it, for he was standing higher than any of the people. When he opened it, all the people stood. 6Ezra blessed the LORD, the great God, and all the people, their hands raised high, answered, "Amen, amen!" Then they knelt down and bowed before the LORD, their faces to the ground

Revelation 5:13-14

Then I heard every creature in heaven and on earth and under the earth and in the sea, everything in the universe, cry out: "To the one who sits on the throne and to the Lamb be blessing and honor, glory and might, forever and ever." The four living creatures answered, "Amen," and the elders fell down and worshiped.

Leaders References

The Our Father

Catechism 2777-2778

"We Dare to Say"

2777

In the Roman liturgy, the Eucharistic assembly is invited to pray to our heavenly Father with filial boldness; the Eastern liturgies develop and use similar expressions: "dare in all confidence," "make us worthy of. . . ." From the burning bush Moses heard a voice saying to him, "Do not come near; put off your shoes from your feet, for the place on which you are standing is holy ground."²⁶ Only Jesus could cross that threshold of the divine holiness, for "when he had made purification for sins," he brought us into the Father's presence: "Here am I, and the children God has given me."

Our awareness of our status as slaves would make us sink into the ground and our earthly condition would dissolve into dust, if the authority of our Father himself and the Spirit of his Son had not impelled us to this cry . . . 'Abba, Father!' . . . When would a mortal dare call God 'Father,' if man's innermost being were not animated by power from on high?"

2778

This power of the Spirit who introduces us to the Lord's Prayer is expressed in the liturgies of East and of West by the beautiful, characteristically Christian expression: parrhesia, straightforward simplicity, filial trust, joyous assurance, humble boldness, the certainty of being loved.

Breaking of the Bread

Acts 2; 42-46

They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers. Awe came upon everyone, and many wonders and signs were done through the apostles. All who believed were together and had all things in common; they would sell their property and possessions and divide them among all according to each one's need. Every day they devoted themselves to meeting together in the temple area and to breaking bread in their homes. They ate their meals with exultation and sincerity of heart

1 Corinthians 10:16-17

The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? Because the loaf of bread is one, we, though many, are one body, for we all partake of the one loaf.

Lamb of God

John 1:29

This happened in Bethany across the Jordan, 20 where John was baptizing. The next day he saw Jesus coming toward him and said, "Behold, the Lamb of God, who takes away the sin of the world.

Revelation 5:6

Then I saw standing in the midst of the throne and the four living creatures and the elders, a Lamb that seemed to have been slain. He had seven horns and seven eyes; these are the (seven) spirits of God sent out into the whole world.

1 Corinthians 5:6-7

Your boasting is not appropriate. Do you not know that a little yeast leavens all the dough? Clear out the old yeast, so that you may become a fresh batch of dough, inasmuch as you are unleavened. For our paschal lamb, Christ, has been sacrificed.

Revelations 7:9-10

After this I had a vision of a great multitude, which no one could count, from every nation, race, people, and tongue. They stood before the throne and before the Lamb, wearing white robes and holding palm branches in their hands. They cried out in a loud voice: "Salvation comes from our God, who is seated on the throne, and from the Lamb."

Isaiah 53:7-12

Though he was harshly treated, he submitted and opened not his mouth; Like a lamb led to the slaughter or a sheep before the shearers, he was silent and opened not his mouth. Oppressed and condemned, he was taken away, and who would have thought any more of his destiny? When he was cut off from the land of the living, and smitten for the sin of his people, A grave was assigned him among the wicked and a burial place with evildoers, Though he had done no wrong nor spoken any falsehood. (But the LORD was pleased to crush him in infirmity.) If he gives his life as an offering for sin, he shall see his descendants in a long life, and the will of the LORD shall be accomplished through him. Because of his affliction he shall see the light in fullness of days; Through his suffering, my servant shall justify many, and their guilt he shall bear. Therefore I will give him his portion among the great, and he shall divide the spoils with the mighty, Because he surrendered himself to death and was counted among the wicked; And he shall take away the sins of many, and win pardon for their offenses.

Exodus 12:21

Moses called all the elders of Israel and said to them, "Go and procure lambs for your families, and slaughter them as Passover victims.

Holy Communion: The Wedding Super of the Lamb

Revelation 19:6-9

Then I heard something like the sound of a great multitude or the sound of rushing water or mighty peals of thunder, as they said: "Alleluia! The Lord has established his reign, (our) God, the almighty. Let us rejoice and be glad and give him glory. For the wedding day of the Lamb has come, his bride has made herself ready. She was allowed to wear a bright, clean linen garment." (The linen represents the righteous deeds of the holy ones.) Then the angel said to me, "Write this: Blessed are those who have been called to the wedding feast of the Lamb." And he said to me, "These words are true; they come from God."

Lord I am not worthy

Mathew 8:5-10

When he entered Capernaum, 5 a centurion approached him and appealed to him, saying, "Lord, my servant is lying at home paralyzed, suffering dreadfully." He said to him, "I will come and cure him." The centurion said in reply, "Lord, I am not worthy to have you enter under my roof; only say the word and my servant will be healed. For I too am a person subject to authority, with soldiers subject to me. And I say to one, 'Go,' and he goes; and to another, 'Come here,' and he comes; and to my slave, 'Do this,' and he does it." When Jesus heard this, he was amazed and said to those following him, "Amen, I say to you, in no one in Israel 7 have I found such faith.

Concluding Rite: “Go forth the Mass has ended”

Mathew 28:19-20

Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit, teaching them to observe all that I have commanded you. 13 And behold, I am with you always, until the end of the age."

John 20:21-23

When he had said this, he showed them his hands and his side. 13 The disciples rejoiced when they saw the Lord. (Jesus) said to them again, "Peace be with you. As the Father has sent me, so I send you." And when he had said this, he breathed on them and said to them, "Receive the holy Spirit. Whose sins you forgive are forgiven them, and whose sins you retain are retained."

Acts 1:18

But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth."

Catechism 1332

Holy Mass (Missa), because the liturgy in which the mystery of salvation is accomplished concludes with the sending forth (missio) of the faithful, so that they may fulfill God's will in their daily lives.